NSW NORTHERN RIVERS CHESS DAY – TERM 2  by Louise Nizette

Three chess players: Keam Clothier, Matthew Kigariff and Pearse Voloder enjoyed a chess tournament at Shearwater Steiner School in Mullumbimby on June 18th. Both Keam and Matthew had attended other tournaments when they were in primary school, but for Pearse, it was a new experience.

All three boys performed to a high standard, each winning 4 out of 7 games. Keam achieved the highest ranking of 16th out of the 60 high school students who attended on the day. Our school came 9th out of 18 teams which was pleasing for our first venture into tournaments. There are two more competitions in term 3 and, in addition to these three boys, other students are hoping to participate to gain more experience.
Welcome back to second semester. In the first week our Deputy Principals led training on effective feedback to engage student learning with KLA groups from across the T5 schools. This was selected for our school development day to give a consistent focus on evidence-based instructional strategies across the five schools. Congratulations to Mr Chris Randle and Mr Luke Bristow on the excellent job that they did. NAIDOC celebrations were also held during the first week of term and time was provided for our students to reflect on the wonderful contributions of members of our Aboriginal community, including contributions to Australia throughout military campaigns.

Our half yearly reports went out at the end of term 2 and will provide valuable feedback to students on their progress during the first half of the year. Further clarification can be sought by both parents and students by speaking directly with the class teacher or the KLA Head Teacher.

This is the business end of the Higher School Certificate Year for our Year 12 students. They will commence their Trial HSC exams in a few weeks time. Major works will also be due and all students with major work that needs to be submitted should check submission dates and times with their teacher. All assessment tasks should also be handed in to avoid the possibility of an N determination in a subject.

The Southern Cross University STAR scheme enables Year 12 students to gain early admission to SCU on the basis of their school Principals’ recommendation. The STAR Scheme aims to match an individual student to a particular course based on their likelihood of success in their chosen discipline. Student registrations opened on 16th July and close on 10th September. Please contact Ms Dreyer or Mr Randle if you have any questions about this scheme. Students should be advised on 10th November of the outcomes of applications by SCU.

We will be celebrating Education Week 2014 with a special assembly and events such as the Images of Greatness. Education Week runs from Monday 28 July – Friday 1 August and the theme is ‘Celebrating the 60th Education Week’. I look forward to recognising the wonderful work of many members of our school community during that week.

A reminder to parents to notify the school about your child’s health

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enroll your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.
Several Banora Point High School student participated in this years Kokoda Challenge. The course started at 7 am at Firth Park in Mudgeeraba, and followed selected fire trails and paths through the Gold Coast hinterland including areas of Austinville, Springbrook, Numinbah Valley, Beechmont and Clagiraba to the finish line at the Nerang velodrome. The course was 96 km with 14 major checkpoints. There was a 39 hour time limit in honour of the 39th Militia, the first Australian troops to step foot on the Kokoda Track. Congratulations to Drew Jamieson, Chloe Kendon, Rhiannon Lewis, Shannon Jacobs, James McCann.

An absolutely amazing triumph!
Congratulations to the following students for securing there respective Athletics Age Champion for 2014. Each student will receive a certificate and medal at our schools formal end of year assembly.

<table>
<thead>
<tr>
<th>Age Category</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>Elizabeth Sykes</td>
<td>Travis Smith</td>
</tr>
<tr>
<td></td>
<td>Carla Sykes</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Taylah Wills</td>
<td>Ashley Brown</td>
</tr>
<tr>
<td>14</td>
<td>Emily Dick</td>
<td>Tye Gleeson</td>
</tr>
<tr>
<td>15</td>
<td>Mekala Knight</td>
<td>Nathan Glen</td>
</tr>
<tr>
<td>16</td>
<td>Kayla Bailey</td>
<td>Koen Sleba</td>
</tr>
<tr>
<td>17+</td>
<td>Katie Uitendaal</td>
<td>Kaleb Green</td>
</tr>
<tr>
<td>AWD</td>
<td>Holly Fittler</td>
<td>Brandon Day</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Hayden Armstrong</td>
</tr>
</tbody>
</table>
Banora Point High School has a magnificent turn out for the Far North Coast athletics carnival held in Cudgen on Tuesday the 24th July. We had over 50 students representing our school and our results on the day were excellent.

Students who progressed through to the North Coast Carnival include:

- Kaleb Green 2nd in 200m
- Katie Uiteendaal 1st in Long Jump and 2nd in High Jump
- Jarvis Titmarsh 2nd in 3000
- Joel Singh Guse 1st in Long Jump
- Emily Dick 1st in Shotput
- Nathan Glen 1st in 400m
- Travis Smith- 2nd in Shotput and 2nd in Discus
- Elizabeth Sykes 1st in 3000m
- Mary O’Loan 1st in 100m and 200m
• Taylah Wills 2nd in 800m
• Ashley Brown 2nd in 800m
• Emily Alman 1st in 4 x 100m relay
• Alicia Tincknell 1st in 4 x 100m relay
• Bonnie Cather 1st in 4 x 100m relay
• Emma Cameron 1st in 4 x 100m relay

What a fantastic achievement and good luck at the North Coast Carnival in Coffs Harbour on Friday 1st of August.
UP AND COMING

- **Year 11 Biology Lab** – Friday 25th July, Griffith University GC Campus
- **Year 10/11 Gold Coast Health Careers Forum** – Friday 1st August, SCU Gold Coast Campus
- **Year 12 Health & Exercise Science Conference** – Wednesday 6th August, Griffith University GC Campus
- **Year 9 Uni-Bound Workshop** – Thursday 7th August, SCU Gold Coast Campus
- **Year 7 Uni-Bound Workshop** – Tuesday 18th November, SCU Gold Coast Campus

**Congratulations to**

Year 12 student
Brittany Watsford,
who has just finished
the Griffith University
Semester 1 GUEST Program
with High Credits
and has received
a Guaranteed Entry for 2015.
ADFA Information Session
Tuesday 22nd July 6pm
Currumbin RSL 165 Duringan St. Currumbin

Proud Sponsors of Banora Point High School P&C
Ever wondered who goes to university, how they got there, what can be studied and what it’s really like? If you’re in year 7, 8 or 9 and would like to find out about going to university, UNI-BOUND is a chance to meet university staff and students, ask lots of questions and discover a whole new way of thinking about university!

www.scu.edu.au/uni-bound

Southern Cross University will host Year 7 students participating in the UNI-BOUND program at Gold Coast campus for a “Uni Opens Up Your World” experience.

Students start exploring future aspirations through mixed media presentations by university staff and students and participate in hands-on discovery labs. This visit provides an introduction to life at university, interaction with university staff and UNI-BOUND Mentors telling their stories of getting into and studying at university, and an opportunity to explore a university campus. Transport to and from the event is provided by the University.

www.scu.edu.au/uni-bound
www.scu.edu.au/scuinfoday

You’ll find out more about our courses, university life and the types of services and support we provide to help you achieve your potential. You are welcome to bring along a friend or family member to explore our beautiful campuses and facilities. There will be an opportunity to meet with SCU staff and our student ambassadors. Campus tours will also be available.

Thursday, 11 December 2014
<table>
<thead>
<tr>
<th>School — Uni News</th>
</tr>
</thead>
</table>

**Year 9 “Going To Uni”**  
Thursday 7 August 2014

Southern Cross University will host Year 9 students participating in the **Uni-Bound** program at Gold Coast campus for a “Going To Uni” experience.

Students will meet with university staff and **Uni-Bound** Mentors. They will participate in a range of study skills sessions and explore academic pathways and career contexts for different university courses. Transport to and from the event is provided by the University.

---

**Multi-cultural Celebration**

Parents and community members are invited to take part in the University’s Fusion Festival – a multi-cultural celebration of our diversity – at Gold Coast campus.
DEAR YEAR 12,

Please take the time to read all of the information contained in this newsletter. Some, if not all of what is here will be relevant to you.

DO NOT LOSE THIS PIECE OF PAPER!! Take a photo of it, and then stick it on the fridge or on your bedroom wall or door.
Term 3 is going to fly by for you all. Not long to go now at all.
What are you going to do in 2015? Let’s get organised
UAC and QTAC books are due to arrive any day but you can start looking at their options online.

NOTE:
All University Early Entry applications must be done via me – you will need to make an appointment – so get organised.
For your teachers to be able to provide a good reference for you, all applications will need to have been submitted by Friday week 7, 29 August 2014.
Ms Dreyer, Careers Advisor.

LATITUDE AUSTRALIA – OVERSEAS VOLUNTEERING 2015 – GAP YEAR

We still have a wide variety of options available in our second round of applications in the UK, Canada, Europe, Africa and Asia/Pacific. Applications are open until Friday 15 August, for further details read on below or visit our website: [http://www.lattitude.org.au/how-to-apply/apply-now-for-2015](http://www.lattitude.org.au/how-to-apply/apply-now-for-2015)

SCHOOLS RECOMMENDATION SCHEMES (SRS) UAC

Schools Recommendation Schemes (SRS) enable schools to recommend current Year 12 students – who are also UAC applicants – for early offers of undergraduate admission.

What do Year 12 applicants need to do?

There is nothing for Year 12 applicants to do before August 2014. In August, Year 12 applicants can apply for undergraduate study and then apply for SRS

STAR KEY DATES FOR 2014
Student Registration Opens - 16 July
Student Registration Closes - 10 September
School Assessment Opens - 16 July
School Assessment Closes - 17 September
NSW Students & Schools Advised of Outcomes - 10 November
QTAC Early Offer Round - 28 November
UAC Early Offer Round - 4 December

What is the STAR Entry Scheme?
The STAR Entry Scheme is a Principal’s recommendation scheme designed to assist regional students in the Southern Cross University (SCU) High School feeder region to gain admission. Successful applicants will be notified of the outcome of their application before the release of Year 12 results.
BOND UNIVERSITY

Applications for all courses and scholarships close **Thursday 31st July.**

GRIFFITH CONNECT

Applications for the Connect Guaranteed Admission scheme along with the Academic Excellence Bursary will be online this year and will officially open on Monday 21 July, and close on Friday 19 September.

APPRENTICESHIPS/TRAINEESHIPS

**Do you want an apprenticeships or traineeships**
An apprenticeship or traineeship is full-time or part-time employment that combines work and structured training. They’re a great way to learn and develop skills that will help set you up with a job and career for life.

Traineeships usually last one to two years and include occupations such as business administration (admin, accounts, HR, local govt. etc), retail, hospitality and more.

You can be sure our training programs are matched to industry needs and that the training suits your potential employer’s requirements.

As an apprentice or trainee you may be rotated through different host businesses during your period of contract which gives you a better opportunity to achieve each of the competencies needed in your chosen field. [www.hvtc.com.au](http://www.hvtc.com.au)

**Major benefits**
- Gain nationally and internationally recognised qualifications
- Earn while you learn
- Get hands-on, practical work experience
- Gain marketable skills that are attractive to employers
- You may be able to finish early if you reach the required skill level sooner than expected
- You may be able to gain recognition of existing skills

**CALL LISA COUGHRAN FROM HVTC on 0429474746**
Educational Access Schemes (EAS)

Most of UAC’s participating institutions have Educational Access Schemes (EAS) to help students who have experienced long-term educational disadvantage gain admission to tertiary study.

There are seven broad categories of disadvantage:

- disrupted schooling
- financial hardship
- home environment
- English language difficulty
- personal illness/disability
- refugee status
- school environment.

Institutions use EAS to make offers of admission in one of two ways. They:

- allocate bonus points, or
- set aside a certain number of places for EAS applicants.

To be eligible for EAS consideration your educational performance must have been seriously affected, normally for a period of at least six months during Year 11 and/or 12 or equivalent, due to circumstances beyond your control and choosing.

www.uac.edu.au/eas

---

**IS TAFE AN OPTION FOR YOU?**
Enrol early ready for 2015.

What course are you interested in?

www.tafegoldcoast.edu.au

**GCIT**

Gold Coast Institute of TAFE

www.northcoast.tafensw.edu.au

**BPHS SCHOOL CALENDAR TERM 3/4**

- Week 3 Assessment Free Week
- Week 4/5 TRIAL EXAMS 4th Aug - 15th Aug
- Week 6/7/8 Various Major Works Due (Check with your teachers)
- Week 10 GRADUATION CEREMONY 19th September
- MONDAY 13th October HSC EXAMS COMMENCE
- FRIDAY 7th November HSC EXAMS CONCLUDE
- FRIDAY 14th NOVEMBER FORMAL @ TWIN TOWNS
We're Heading for a Sell-Out Festival! For the first time in Festival history, the 2014 Byron Bay Writers Festival looks like selling out before gates open on the Friday 1 August. Tickets for several feature events have sold out, our workshops are filling fast and three-day passes have raced out the door since we announced our stellar line-up of authors, commentators, journalists, poets and performers.

Join two men who have made a difference – award-winning documentary maker and author John Safran and social activist, Catholic priest Father Bob Maguire in consecutive conversations with journalist Jenny Burgess, at Lennox Head Cultural and Community Centre on Friday 1 August at 7pm. For just $10, you can also get up close and personal with award-winning author Poe Ballantine in conversation with Richard Fidler at 5.00pm on Friday, 1 August at the Byron Community Theatre. Pay an extra $8.00 to enjoy a screening afterwards of the acclaimed documentary of Poe's book Love and Terror on the Howling Plains of Nowhere. There's been a huge surge in ticket sales for Liner Notes, a spoken tribute to David Bowie's Ziggy Stardust being held at the Byron Community Centre on Saturday evening, 2 August. Don't miss Andrew Denton, Missy Higgins, Andy Griffiths, Benjamin Law, Richard Fidler, Maxine Beneba Clarke, Asphyxia, Omar Musa, Luka Lesson, Emilie Zoey Baker and Sean Whelan.

Tickets are also available for the exclusive screening of John Weiley Retrospective: An Explorer in Film followed by the esteemed film-maker in conversation with Kerry O'Brien. Be treated to classic cinema moments including performances from young Weiley with Germaine Greer in 1960s student films.

Workshops:
Understanding Your Creative Rights with Sally McPherson Copyright is a quintessential entitlement for creators and authors. What is it? Who owns it? What rights do you have if you own it? For how long? This seminar with Sally McPherson will traverse the fundamentals of copyright and examine options for copyright owners to make money from its authorised use. Monday 28 July, 1.30pm-4.30pm. Tickets are $20/$15.

Writing & Place with Sophie Cunningham For most authors, the writing process begins with identifying where the story begins. Determining your sense of place is intrinsically linked to voice, story and character. Through writing exercises and discussion, you will learn how to write about places far away without falling back on travel writing. You'll discover why writing about home is so challenging and how you can use history to inform your sense of place. Sophie is a former publisher and editor, the author of two novels, Geography (2004) and Bird (2008) and, as part of the City Series, she wrote Melbourne (2011). Warning: The Story of Cyclone Tracy is her most recent book. She is former Chair of the Literature Board of the Australia Council and was a founding member of The Stella Prize. Sophie is currently living in Brooklyn, New York, and writing her third novel. Thursday 31 July, 9.30am-12.30pm. Tickets are $60/$50.

Phone our booking hotline on 02 6685 5115 for tickets
3-day pass includes entry to the Festival site from 1 - 3 August.

COST: $265 or $230 students/members of the Northern Rivers Writers' Centre
Please note all tickets are non-refundable, non-exchangeable and non-replaceable.
Please follow us on facebook

DIARY DATES
Full Program on sale NOW. Workshops begin Monday 28 July, Secondary Schools Day Thursday 31 July
Primary Schools days Tuesday 29 and Wednesday 30 July
Main Festival days Friday 1 - Sunday 3 August
Children between 0-18 years who have a Medicare card are eligible for FREE dental services at any of the NSW Health public dental clinics located at the Tweed Hospital, Pottsville Health One and East Murwillumbah Public School.

Please phone 1300 651 625 to register for an appointment.
COMMUNITY NEWS

PARENTING COURSES

YOUNG MUMS TO BE
Wednesdays July 23–August 27, 10am–12.30pm
6 week course for women aged 21 years or under. There will be an information session each week focusing on other pregnancy or parenting. Discussion topics include: healthy relationships, birthing positions, bonding, pregnancy health, physical changes, nutrition and feeding and trusting your body. We will also have time for relaxation, meditation and fun. New clients accepted throughout the course.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
NO COST

123 MAGIC
Thursdays August 7 & 21, 10am–12pm
3 week course explores a down-to-earth, child-friendly and effective discipline approach that encourages good behaviour for children 2-12 yrs.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $15

TRIPLE P COURSE
Tuesdays July 22–September 2, 10am–12.30pm
7 week parenting course (6 group sessions plus a telephone contact) for parents of children 2 – 12 years. Assists parents to build positive relationships with their children and create a stable, supportive and harmonious family. The course introduces proven methods to encourage behaviour you would like more of from your children and deal positively and consistently with problem behaviour.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
NO COST

UNDERSTANDING TEENAGERS
Fridays August 1 & 8, 9.00–3.30pm
A 2 day course for the parents of teenagers. It can be difficult to know how to respond to challenging behaviours. Knowing more about how to support and communicate with your teenager can assist in supporting them safely through adolescence. Topics include: the impact of brain and hormone development, stages of child and youth development, parenting styles, managing tension points and behaviour, and talking through challenging issues.
VENUE: MURWILLUMBAH COMMUNITY CENTRE
COST: $30

TRIPLE P SEMINARS
Fridays August 15, 22 & 29, 9am–10.45am
Three seminars: “The power of positive parenting”, “Raising confident, competent children”, and “Raising resilient children”. These informal presentations offer a brief introduction to the Triple P strategies and deal with the most common parenting issues we all face. The seminars take around 60 minutes and then have time for questions. You can choose to do one or all of them. Childcare can be provided.
Attend any or all, as all stand alone sessions.
VENUE: TWEED HEADS SOUTH PUBLIC SCHOOL
OPEN TO PUBLIC.
NO COST

"I found the course to be invaluable as it has given me the skills, confidence and understanding to approach my daughter in a different way than when she was younger. We now have a closer bond and I'm finding if situations do arise that challenge both of us, we are able to work it out."
PARTICIPANT – UNDERSTANDING TEENAGERS

FAMILY CENTRE PLAYGROUP

All playgroups 9.30–11.30am
Find connection with other parents/carers and children while learning and playing together.
Access information regarding parenting and appropriate local services.
NO COST

Monday – Banora Point
Tuesday – Cabarita
Wednesday – Murwillumbah
Thursday – Tweed Heads

"My son loves coming to playgroup each week. I also look forward to the interaction with other parents. The co-ordinator does an awesome job of giving helpful advice and keeping the kids interested with ever changing activities. We love it!"
PARTICIPANT – PLAYGROUP

"Great support with referral to services."
PARTICIPANT – PLAYGROUP
COMMUNITY NEWS

RELATIONSHIP COURSES

ANGER: MAKING IT WORK FOR YOU
Friday August 29, 9.30am–3.30pm
A course for men and women. Content includes: identify what anger is and what it does; what triggers your anger and ways to make it work for you and your relationships.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $15 (INCLUDES LUNCH)

HEALTHIER RELATIONSHIPS: COMMUNICATION
Saturday August 30, 9.30am–3.30pm
This 1 day course explores stresses on healthy relating, roadblocks to communication, listening, assertiveness, managing emotions.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $15 (INCLUDES LUNCH)

WELLBEING COURSES

THE MINDFUL ART OF STRESS REDUCTION
Friday September 12, 10am–2.30pm
This 1 day course explores the many avenues that support us to manage the challenges we face in our lives as parents, partners and family members. It will introduce participants to a knowledge and understanding of stress. We will discuss and explore techniques of mindfulness and use creative activities to help develop awareness, supporting us to reduce stress in our lives.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $15 (INCLUDES LUNCH)

COURSES FOR MEN

PATHWAYS TO CHANGE FOR MEN
Wednesday July 16–September 3, 5–7.30pm
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $40

COURSES FOR WOMEN

PATHWAYS TO CHANGE FOR WOMEN
Thursday, July 17–September 4, 9.30–11.30am
8 week self-awareness & self-development course for women. Designed to assist women with maintaining healthy relationships, parenting & making positive life choices.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $40

HOLDING SUCCESSFUL DIFFICULT CONVERSATIONS
Saturday September 13, 9.30am–3.30pm
This 1 day course explores steps for handling life’s most difficult and important conversations in valued relationship with partners, family, friends and colleagues. You’ll learn how to prepare for situations and transform anger and hurt feelings into a useful conversation. In this workshop you will learn and practice the skills that can open up a dialogue about the most difficult topics.
VENUE: MURWILLUMBAH COMMUNITY CENTRE
COST: $15 (INCLUDES LUNCH)

I found the course very helpful in knowing how to deal with difficult situations and conversations in the future. It gave me some good pointers for the difficult situation I am in.
PARTICIPANT – HOLDING SUCCESSFUL DIFFICULT CONVERSATIONS

FINDING THE BALANCE
Fridays August 15 & 22, 9.30am–2.30pm
This 2 day course will explore the impact of the day to day stresses of parenting and the importance of finding the balance. You will learn how to increase wellbeing and promote positive relationships. The workshop will help you to develop your self-care goals and plan to find the balance in your life.
VENUE: THE FAMILY CENTRE, TWEED HEADS SOUTH
COST: $30 (INCLUDES LUNCH)

BOOKINGS ARE ESSENTIAL
For further information on any of our courses or workshops please call 9am–12.30pm Monday–Friday
(07) 5524 8711
www.thefamilycentre.org.au

If you are unable to pay for course fees please talk with our intake worker or the course facilitator.
The Family Centre is committed to providing equal access to all the courses we offer.
Child minding is available upon request.
CANTEEN MENU

2014 MENU
BANORA POINT HIGH SCHOOL

Drinks
- Bottled Water - 400ml................................. 1.20
- 750ml screw cap ................................. 1.20
- Milk - Plain 300ml ................................ 1.80
- Poppers - apple, orange, tropical .............. 1.60
- Focus Water ........................................... 1.80
- Crazy Lemon Lemonade - small................ 1.80
- .................................................. 3.00
- Slushie - small ........................................ 1.50
- .................................................. 2.30
- Up N Go - Choc, Strawb, Banana, Vanilla ..... 2.00
- Flavoured Milk - 500ml ........................... 2.00
- .................................................. 3.20
- Iced Coffee ........................................... 3.20
- Hot Chocolate ........................................ 2.50
- .................................................. 2.50
- .................................................. 2.50
- Boost Juices - 500ml bottle ...................... 3.00
- Energy Lift, Green Recovery, Wildberry Skinny
- Superfruit Immune

Ice Treats
- Frozen Juice Cup ...................................... 1.70
- Moro Frozen Pops .................................... 1.70
- Calippo .................................................. 1.00
- Icy Twist ............................................... 1.20
- Paddle Pops ........................................... 1.50
- Paddle Pop Shaky Shakes ......................... 2.00
- Frozen Yoghurt ........................................ 2.00

PLEASE NOTE: Limited items will be available over the counter. To guarantee your choice is available, please pre-order. This can be done online at www.munchmonitor.com, or in person at the canteen. Orders can be placed for recess or lunch.
SAVE TIME!
ORDER ONLINE
FROM THE CANTEEN

- Save time
- Easy & convenient
- Top up money online or at the canteen

Set up a pre-paid account with MunchMonitor & order online from the canteen and also allow your child to pay for over the counter purchases using their student card.

1. Go to www.munchmonitor.com
   Enter Username: banorahs
   Enter Password: munch2486

2. Click on ‘Sign Up’

3. Enter your own username (email address) & password. Click ‘Create Your Account’. An important email will be sent to you.

4. Find the email & click the link to activate your account. Check your junk mail folder in case the email has been treated as ‘spam’.

5. Enter your own Username (email address) & Password then click ‘Activate My Account’

7. Follow the steps to complete the setup.

8. Once you have put money into your account, you can order online 24/7.

**NOTE:** You can top-up your account with a credit card online or use cash at the canteen.

Remember to login using your own Username and Password whenever you return to www.munchmonitor.com

Need more info? Email help@munchmonitor.com
Supervising your Learner Driver (L)

**Learner drivers under 25**
- Must have at least 120 hours of supervised on-road driving experience, including 20 hours at night time;
- One hour of structured driving tuition by a professional driving instructor will count as 3 hours in the Learner Driver Log Book to a maximum of 10 hours counting as 30 log book hours.
- Must hold an L licence for at least 12 months.
- For L and P1 drivers mobile phone use is prohibited, even hands-free or loudspeaker.
- From 1 July will be allowed to travel up to 90km/h instead of 80km/h; and

**Tips for Parents**
- Safe driving takes time and practice – it is more than just operating a vehicle.
- Plan for a variety of driving experiences (e.g. different road conditions, weather conditions) and vary the time of day.
- Shorter drives can be useful early on.
- Reduce the risk of distraction (e.g. turn off mobile phones)
- Keep instructions short and clear.
- Be positive and acknowledge when your teenager does well rather than criticise.
- At the end of a drive reinforce achievements and discuss areas to work on.
- Real on-road driving experience is more beneficial than ‘advanced’ or ‘defensive’ off-road driver training.
- You and your young driver should be read the Road Users Handbook (NSW road rules) and understand licence conditions.
- For helpful information, attend a free ‘Helping Learner Drivers Become Safer Drivers Workshop’
- in your local area. Contact the Roads and Maritime Services (replacing the RTA) on 13 22 13,
- visit www.rms.nsw.gov.au or visit your local Council’s website.

**NEW Safer Driver Course for Young Drivers**

**From 1 July 2013,** learner drivers who complete the Safer Drivers Course will receive a reduction of their log-book driving hours from 120 to 100.

The Safer Driver Course is a combined theoretical and practical course involving a facilitated group session discussing how to manage risks on the road and tailored in-car coaching addressing individual learning needs. The group session will be two to three hours, and the in-car coaching will be one to two hours. Not all learner drivers will be able to access the course immediately. The course will be progressively rolled out in NSW based on demand and provider availability.

For more information about the Safer Driver Course contact rms.nsw.gov.au
For more information about the RRISK program and risk taking visit www.rrisk.com.au
COMMUNITY NEWS

SOUTHERN CROSS TAE KWON DO

Classes conducted at Banora Point High School

PROMOTE SELF-ESTEEM
INCREASE SELF DISCIPLINE
LEARN SELF-DEFENCE
NO COMPETITIONS – NO TROPHIES,
ONLY SELF IMPROVEMENT
INTERNATIONALLY QUALIFIED MASTER INSTRUCTOR
BEGINNERS WELCOME OF ALL AGES

Tuesday & Thursday Nights
Juniors 5:30pm
(Approx. 6 - 12 yrs.)
Seniors 6:30 pm
(Approx. 13yrs to Adult)
Call Michael -0414 96164

Tweed Slammers Basketball
Registration
2014 Season

please contact Shaun McDonagh on
tc_slammers@hotmail.com
or call 0408138849

2014
BILAMBIL
JUNIOR TOUCH FOOTBALL

COMPETITION SIGN ON
(See website for more information. Bilambil Junior Touch)

Teams Only
8th August 2014
at Bilambil Sports Club from 5.00pm – 7.00pm

Individual Only
15th August 2014
at Bilambil Sports Club from 5.00pm – 7.00pm

Cost $60 per player MUST be PAID in FULL before the first game.

bilambiljuniortouch@hotmail.com
or Tamara 0431141715

Second Hand Uniform Shop

Our second hand uniform shop functions through the kind donations of parents and students who no-longer have use for their school uniforms. Through these donations, we are able to provide access to low cost uniforms. Any funds raised through the sale of second hand uniforms is deposited into the student welfare assistance fund, used to support students and their families during times of hardship.

Please approach the office administration staff regarding second hand uniform purchases.

All donations of quality second hand uniforms are valued and appreciated.
FREE STUDENT EXCHANGE
INFORMATION EVENING IN
TWEED HEADS

Hear from returned students, find out more about
discounts and scholarships available and ask ques-
tions.
Thursday, 24th July - 7.30pm
South Tweed Sports Club
4 Minjungbal Drive
TWEEDS HEADS SOUTH

Visit www.studentexchange.org.au
or call 1300 135 331 for more information

CoolHeads

Free Activities and BBQs
for young people 12 to 18
Murwillumbah Youth Centre Nullum St
4pm to 8pm on the 2nd & 4th Fridays
each month 28/6, 11/7, 25/7 & 8/8
Coolangatta Skate Park 4pm to 6pm
Saturdays 29/6, 12/7, & 26/7/2014

Like CoolHeads on Facebook for
Activity information. our display photo is
Or contact us on 0439009850

St. Joseph's Youth Service

Free BBQ and Activities
for young people aged 12-18
COOLANGATTA SKATE PARK
3.30PM –6PM Saturdays
12th and 26th of July

Look for our feet on Facebook
like and share our posts.
Contact Shelley if you have any questions
on 0439009850

GOLDCOAST

22
UPCOMING EVENTS

Monday 21 July—Parent/Teacher Interviews
Years 7-10, 3.30—6.00pm

Friday 25 July—Year 11 Biology → Griffith Uni

Monday 4—Friday 15 August
Year 12 Trial HSC Exams

Monday 4—Friday 8 August
Years 9&10—Snow Trip Perisher

Thursday 7 August
Maths Competition Periods 1&2

THOUGHT OF THE WEEK

Education is the power to think clearly,
The power to act well in the world’s work
and the power to appreciate life

Brigham Young

YEAR 10 SHIRTS
FOR THESE TO GO AHEAD
A LOT MORE ORDERS ARE NEEDED!

PLEASE PAY AT THE OFFICE ASAP!!

P & C MEETING

The next P&C Meeting for 2014 will be held on

Monday 4 August
at 7.00PM DST

All new parents are most welcome to come along to support your child’s school and meet other parents!

We would love to see you!

23
Surfside Bus lines are presently conducting a program encouraging students that do not have a bus pass, to obtain one. If you are eligible, you travel FREE on their buses and this in turn helps the environment with less fuel emissions, mums and dads time, congestion at school entrances and buses run on time with less traffic congestion.

Application forms are at the school office so fill one in and see if you are eligible. Surfside also state that if you have a bus pass, then you are also eligible to enter a future completion with a HUGE first prize!!! Details in the coming weeks.
SCHOOL NEWSLETTER

We now endeavour to email our School Newsletter to parents directly to their email address. Our goal is to have our Newsletter a paperless one. We would appreciate it if you would update us with changes to your email address in order for us to keep you in the loop. Please fill in the section below and have your child bring it to the front office.

Our fortnight Newsletter is available on our website at www.banorapnt-h.schools.nsw.edu.au

Student Name/s: ______________________________________________________ Year: ___________________

Email Address School Newsletter to be forwarded to: _____________________________________________

PARENT EMAIL ADDRESS

CHANGE OF INFORMATION

The school is installing a new roll marking/sms network system which requires up to date changes in email addresses and mobile telephone numbers of carers/parents. If you have changed your mobile in the past and feel you may not have informed the school would you please complete this form along with the email address.

Student Name ........................................................................................................ Year: ...................................

Father’s Mobile No. ........................................................ Mother’s Mobile No. ..............................................

Home Telephone No. ........................................................ Emergency Contact No. ........................................

Comments ..............................................................................................................

STUDENT BEHAVIOUR

FOCUS: I respect myself in the toilets

This means:

- I use the facilities quickly and leave
- I leave the facilities clean and free of graffiti
- I use the toilets at recess and lunch, rather than in lesson time

25